



CaReMe-O



Unravelling the intricate mechanisms connecting heart, kidney, and metabolism pathophysiology.

Cardiovascular, Renal, Metabolic and Obesity Conference

Barcelona, Spain & Online
15-16 March 2024

The **Cardiovascular, Renal, Metabolic, and Obesity Conference (CaReMe-O 2024)**, scheduled for **15-16 March 2024** in Barcelona, addresses a critical and escalating health challenge: the convergence of obesity, diabetes, renal, and cardiovascular diseases.

The Conference is designed to foster a comprehensive understanding of the complex interrelationships among these health conditions and to explore effective strategies for the engagement, training, and integration of primary care physicians in addressing these clinical challenges. PCPs can significantly impact the prevention and management of CaReMe Syndrome and improve patient outcomes.

HEAR FROM OUR EXPERTS



Co-Chair

Avraham Karasik
Tel Aviv University
Israel



Co-Chair

Mikhail N. Kosiborod
Saint Luke's Health System
USA



Co-Chair

Baruch Itzhak
Clalit Health Services, Technion Faculty of Medicine
Israel



Co-Chair

Mariam de la Poza
Spanish Society of General Family Physicians SEMG
Catalunya
Spain



Co-Chair

Josep M. Vilaseca
University of Vic - Central Catalonia University
Spain



Co-Chair

Alfonso Pérez Jiménez
SEMG Catalunya
Spain



Speaker

Shlomo Vinker
Tel Aviv University
Israel



Speaker

Ana María Cebrián Cuenca
Murcian Health Service
Spain



Speaker

Per-Henrik Groop
University of Helsinki
Finland



Speaker

Gabriel Cuatrecasas
EAP Sarrià del CatSalut
Spain



Speaker

Geert Goderis
KU Leuven
Belgium

CaReMe-O 2024 is principally aimed at Primary Care Physicians (PCPs): General Practitioners and Family Doctors

However, if you are an endocrinologist, nephrologist, or cardiologist, this conference offers a unique opportunity to engage in meaningful dialogue, influence better care processes, and form collaborations with field pioneers.

Scientific Program

Friday, 15 March 2024

<p>13:30 – 14:00</p>	<p>Pre-Conference Session supported by Boehringer Ingelheim “Early Action, Lasting Impact - Primary Care Providers Hold the Key”</p> <p>Per-Henrik Groop, University of Helsinki, Finland Baruch Itzhak, Clalit Health Services, Israel</p>
<p>14:10 – 14:20</p>	<p>Official Opening of the Conference The CaReMe-O Conference – goals and structure</p> <p>Avraham Karasik, Tel Aviv University, Israel Mikhail Kosiborod, Saint Luke’s Health System, USA</p>
<p>14:20 – 15:55</p>	<p>Session 1: Central Role of Primary Care Providers in CaReMe-O Patient Treatment</p> <p>Chairs: Avraham Karasik, Tel Aviv University, Israel Mikhail Kosiborod, Saint Luke’s Health System, USA</p> <p>The opportunity for PCP in implementing novel therapies in the CaReMe-O field Shlomo Vinker, WONCA Europe, Israel</p> <p>2024 State of the art disease modifying therapy in the CaReMe-O patient Per-Henrik Groop, University of Helsinki, Finland</p> <p>Challenges for the primary care physicians in treating the CaReMe-O patients Josep Vilaseca, University of Vic - Central Catalonia University, Spain</p> <p>The collaborative, team-based, coordinated care of patients with cardio-renal-metabolic disease: transforming quality of care and outcomes Mikhail Kosiborod, Saint Luke’s Health System, USA</p> <p>Panel Discussion</p>
<p>15:55 – 16:25</p>	<p>Coffee Break</p>
<p>16:25 – 17:55</p>	<p>Industry Symposium supported by AstraZeneca </p>
<p>18:05 – 20:00</p>	<p>Session 2: Options for medical therapy and early intervention in the cardiorenal metabolic syndrome – In what populations, when and how?</p> <p>Obesity and novel anti-obesity medication as a pivot to the CaReMe-O patient Lee M. Kaplan, Massachusetts General Hospital and Harvard Medical School, USA</p> <p>Case presentations and discussion</p> <ul style="list-style-type: none"> - Patient with HFpEF - Patient with renal involvement - Obese patient with diabetes and atrial fibrillation - Case of patient with early manifestation identified during screening. <p>Moderator: Baruch Itzhak, Clalit Health Services, Israel</p> <p>Faculty/ Panelists: Josep Vilaseca, University of Vic - Central Catalonia University, Spain Gabriel Cuatrecasas, Teknon Medical Center, Spain Ana Cebrián, Murcian Health Service, Spain Mikhail Kosiborod, Saint Luke’s Health System, USA</p>
<p>20:00 – 20:45</p>	<p>Welcome Reception and Networking</p>

Scientific Program

Saturday, 16 March 2024

08:30 – 09:30	Session with a practical focus – detailed agenda to be released soon
09:30 – 10:45	Session 3: Towards leadership of the family physicians in treating the CaReMe-O patient Chairs: Ana Cebrián , Murcian Health Service, Spain Geert Goderis , KU Leuven, Belgium
09:30 – 10:00	Best Practice examples The Israeli experience in the PCP leadership in CaReMe-O treatment Avraham Karasik , Tel Aviv University, Israel The Spanish experience in the PCP leadership in CaReMe-O treatment Ana Cebrián , Murcian Health Service, Spain
10:00 – 10:45	From theory to practice Tools for the family physician in CKD and Heart failure Baruch Itzhak , Clalit Health Services, Israel Evaluation and treatment of the obese patient by the PCP Xavier Martinez Regada , International University of Catalonia, Spain Increasing awareness for screening and therapy of CaReMe-O patient in the community Geert Goderis , KU Leuven, Belgium
10:45 – 11:15	Coffee Break and Networking
11:15 – 12:00	Panel Discussion on “Towards leadership of the family physicians in treating the CaReMe-O patient” Moderator: Mikhail Kosiborod , Saint Luke’s Health System, USA Panelists: Xavier Martinez Regada , International University of Catalonia, Spain Josep Vilaseca , University of Vic - Central Catalonia University, Spain Avraham Karasik , Tel Aviv University, Israel Geert Goderis , KU Leuven, Belgium Shlomo Vinker , WONCA Europe, Israel
12:10 – 13:20	Latest updates by pharmaceutical companies
13:20 – 14:00	Summary of the meeting and action items Avraham Karasik , Tel Aviv University, Israel Mikhail Kosiborod , Saint Luke’s Health System, USA Baruch Itzhak , Clalit Health Services, Israel Josep Vilaseca , University of Vic - Central Catalonia University, Spain Alfonso Pérez Jiménez , SEMG, Spain

REGISTRATION

*Registration is free of charge, but places are limited.

Save your spot at CaReMeO.kenes.com or contact reg_careme23@kenes.com

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